"Strict QA procedures for the imaging, planning and delivery of radiotherapy using respiratory management devices are required to ensure the safe and effective use of these devices."

AAPM TG-76 report
The management of respiratory motion in radiation oncology

Patent  # US 7,151,253 B2
Overview

The CIRS Dynamic Thorax Phantom is a precision instrument for investigating and minimizing the impact of tumor motion inside the lung. It provides known, accurate and repeatable three-dimensional target motion inside a tissue equivalent phantom. It is designed for comprehensive analysis of image acquisition, planning and dose delivery in image-guided radiation therapy.

The phantom body represents an average human thorax in shape, proportion and composition. A lung equivalent rod containing a spherical target and or various detectors is inserted into the lung equivalent lobe of the phantom. The body is connected to a motion actuator box that induces three-dimensional target motion through linear translation and rotation of the lung equivalent rod. Motion of the rod itself is radiographically invisible due to its matching density with the surrounding material. The target and its motion, given its density difference, can be resolved.

Target and surrogate motion are independently controlled with CIRS Motion Control Software. The graphical user interface provides an unlimited variety of motions while simplifying the operation of the Dynamic Thorax Phantom to an intuitive level.

The Dynamic Thorax Phantom offers ease of use and portability as well as a flexible selection of motion profiles and dosimeter options. All components are packaged in a protective case. The system requires minimal set-up and can be ready to use in minutes. The CIRS Model 008A Dynamic Thorax Phantom presents a sophisticated solution for the complex challenges and emerging technologies in Image-Guided Radiation Therapy.
Easy To Use Software

The Dynamic Thorax Phantom is operated using CIRS Motion Control Software Suite, a user-friendly graphical user interface that can be installed on any computer running Windows OS. Upon installation, the user has the option to select the phantom that is to be controlled by the software.

Amplitude, cycle time and phase shift can be applied to both the surrogate and main phantom using slider bars or by entering desired values within the limits of the system. Five different waveforms are available from a standard pull down menu.

An unlimited number of clinically relevant and patient specific waveforms or correlation models can be imported from tab delimited or comma separated file formats, including all main brand name tracking devices available on the market.

There are also waveform editing, smoothing and analyzing tools to ease the optimization of custom waveforms. All motion files can be saved for future use.

The software provides a convenient, real-time graphic display with relevant information about the waveform selected for each direction of simulated tumor. In addition the ROI analyzing function provides the time spent by the target between two chosen amplitudes and the average time weighted position for that particular ROI.

Users can instantly start, stop or pause the motion at any time. New start positions can be graphically selected and applied making the device very useful for static test as well as dynamic testing. Users can also select the number of cycles to be looped by entering the desired value or choose continuous looping (1 million cycles).

The Advanced Motion Parameters window contains a Research Mode that allows researchers to import 3D (x, y, z) recorded waveforms. Once the research mode is selected, the software automatically calculates the best scenario to simulate the real 3D waveform and simulated volume is achieved.
True 3D Target Motion In A Solid Epoxy Phantom

A lung-equivalent solid epoxy rod containing a soft tissue target (and/or dosimeter) is moved within a lobe of similar lung equivalent material in a solid phantom body. Motion of the lung material is radiographically invisible due to its matching density with the surrounding material, however the target can be resolved given its density difference.

The center of the target is positioned off central axis of the rod.

Complex 3D motions can be achieved thru simultaneous, independently controlled linear translation and rotation.

Within the CIRS Motion Control software, the user inputs desired range of target motion in the inferior-superior (IS), anterior-posterior (AP) and the left/right (LR) directions. Using these inputs, the software computes the rotational angles based on known distance of the target center relative to the central axis of the rod. Rotation instruction is sent to the actuator by the software.

- Maximum IS motion is 50 mm
- Maximum AP/LR motion is 10 mm via rotation
- Minimum cycle time is 1 second
- Maximum cycle time is unlimited

Independently Controlled Surrogate Motion

The surrogate motion is mechanically independent of tumor motion and programmable through the CIRS Motion Control Software. The surrogate platform can emulate either chest wall or diaphragmatic motion by manually changing its position. Various gating devices can be attached to the platform. The platform thickness and density allows for CT simulation of the diaphragm. This feature provides even greater flexibility to the clinician and is useful in assessing correlation between surrogate and tumor motion.

- Maximum surrogate motion 50 mm
- Minimum cycle time is 1 second
- Maximum cycle time is unlimited
The phantom body approximates the average human thorax in both size and structure using simplified geometries. It is constructed of proprietary tissue equivalent epoxy materials. Linear attenuations of the simulated tissues are within 1% of actual attenuation for water and bone, and within 3% for lung from 50 keV to 15 MeV.

For internal landmarks, the phantom contains a 3D anthropomorphic spine with cortical and trabecular bone. External alignment marks with embedded fiducials facilitate rapid orientation with positioning lasers and phantom image registration.

<table>
<thead>
<tr>
<th>Material</th>
<th>Density, g/cc</th>
<th>Electron Density x 10^23, per cc</th>
<th>Ratio to H_2O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic Water® DT</td>
<td>1.04</td>
<td>3.35</td>
<td>1.003</td>
</tr>
<tr>
<td>Lung</td>
<td>0.21</td>
<td>0.69</td>
<td>0.207</td>
</tr>
<tr>
<td>Cortical Bone</td>
<td>1.91</td>
<td>5.95</td>
<td>1.782</td>
</tr>
<tr>
<td>Trabecular Bone</td>
<td>1.20</td>
<td>3.86</td>
<td>1.156</td>
</tr>
<tr>
<td>Soft tissue target</td>
<td>1.06</td>
<td>3.43</td>
<td>1.028</td>
</tr>
</tbody>
</table>

Linear Attenuation Coefficients To Reference Tissues

<table>
<thead>
<tr>
<th>En, MeV</th>
<th>Water® DT Ratio, %</th>
<th>Trabecular Bone Ratio, %</th>
<th>Cortical Bone Ratio, %</th>
<th>Lung (Inhale) Ratio, %</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.05</td>
<td>100.8</td>
<td>100.0</td>
<td>100.00</td>
<td>100.3</td>
</tr>
<tr>
<td>0.06</td>
<td>100.5</td>
<td>100.1</td>
<td>100.00</td>
<td>101.1</td>
</tr>
<tr>
<td>0.08</td>
<td>100.3</td>
<td>100.3</td>
<td>99.99</td>
<td>101.9</td>
</tr>
<tr>
<td>0.10</td>
<td>100.2</td>
<td>100.3</td>
<td>99.99</td>
<td>102.2</td>
</tr>
<tr>
<td>0.15</td>
<td>100.0</td>
<td>100.4</td>
<td>100.0</td>
<td>102.5</td>
</tr>
<tr>
<td>0.20</td>
<td>100.1</td>
<td>100.5</td>
<td>99.99</td>
<td>102.5</td>
</tr>
<tr>
<td>0.40</td>
<td>100.1</td>
<td>100.5</td>
<td>100.0</td>
<td>102.7</td>
</tr>
<tr>
<td>0.60</td>
<td>100.1</td>
<td>100.5</td>
<td>100.0</td>
<td>102.6</td>
</tr>
<tr>
<td>0.80</td>
<td>100.1</td>
<td>100.4</td>
<td>100.0</td>
<td>102.7</td>
</tr>
<tr>
<td>1.00</td>
<td>100.1</td>
<td>100.5</td>
<td>100.0</td>
<td>102.7</td>
</tr>
<tr>
<td>1.50</td>
<td>100.1</td>
<td>100.5</td>
<td>100.0</td>
<td>102.7</td>
</tr>
<tr>
<td>2.00</td>
<td>100.1</td>
<td>100.5</td>
<td>99.99</td>
<td>102.6</td>
</tr>
<tr>
<td>4.00</td>
<td>100.0</td>
<td>100.5</td>
<td>99.92</td>
<td>102.1</td>
</tr>
<tr>
<td>6.00</td>
<td>99.8</td>
<td>100.3</td>
<td>99.85</td>
<td>101.6</td>
</tr>
<tr>
<td>8.00</td>
<td>99.7</td>
<td>100.0</td>
<td>99.79</td>
<td>101.2</td>
</tr>
<tr>
<td>10.0</td>
<td>99.6</td>
<td>100.0</td>
<td>99.73</td>
<td>100.7</td>
</tr>
<tr>
<td>15.0</td>
<td>99.2</td>
<td>99.78</td>
<td>99.61</td>
<td>100.0</td>
</tr>
<tr>
<td>20.0</td>
<td>99.1</td>
<td>99.58</td>
<td>99.55</td>
<td>102.7</td>
</tr>
</tbody>
</table>

Interchangeable Inserts for QA & Dosimetry

There are ten interchangeable rods available for use with the phantom. Eight are made from lung equivalent epoxy and all measure 63.5 mm in diameter. The lung equivalent inserts accommodate either MOSFET, micro chamber, film, nanoDot™ OSL, PET/CT targets, or gel dosimeters. The rods are easily connected and aligned to the drive shaft. All rods can be quickly interchanged.

The MOSFET, micro chamber, and SBRT inserts are designed for target acquisition and quantitative dose measurements. Each rod includes a 1, 2 and 3 cm soft-tissue equivalent target insert. Each insert is machined to receive the dosimeter at the center of the target volume.

The imaging insert is designed to provide solid known diameter targets for imaging applications and includes a 1, 2 and 3 cm soft-tissue equivalent target insert.

The MOSFET, micro chamber, and SBRT inserts are designed for target acquisition and quantitative dose measurements. Each rod includes a 1, 2 and 3 cm soft-tissue equivalent target insert. Each insert is machined to receive the dosimeter at the center of the target volume.

The imaging insert is designed to provide solid known diameter targets for imaging applications and includes a 1, 2 and 3 cm soft-tissue equivalent target insert.

The Radiochromic film insert holds a single 135 X 55 mm film at midplane along the long axis. The homogeneous rod has 3 fiducials that are radiographically visible and enable film to plan registration. The rod is drilled to allow indentation of the film relative to the implanted fiducials.

The Ball Cube Film insert contains a 25.4 mm diameter spherical target that accommodates two pre-cut Radiochromic films. Volume of target is 8.58 cm³ if film is taken into account and 8.28 cm³ (4x 2.07 cm³ quadrants) if film is not accounted for. CIRS now offers Precision Cut EBT3 Film for Model 008A. Refer to page 10 for more information.

MOSFET INSERT Model 008A-05

MICRO CHAMBER INSERT Model 008A-06-CV**

IMAGING INSERT Model 008A-14

The gel insert receives a standard B9 dose gel container. The container is made from oxygen resistant plastic. Clear walls enable visual inspection of the irradiated gel. The container can be scanned in CT, MRI and optical laser scanners.

The PET/CT target insert includes hollow spheres of known volume that can be filled with 0.5, 2 and 8 ml of radionuclides to simulate cold or hot spherical "lesions".

The 4D CT QA insert option provides a quantitative quality control method for the 4D CT scanner’s image binning function. The 4D CT QA device consists of an acrylic tube with static fiducials in a grid pattern and a moving rod with a single fiducial. The motion of the single fiducial is set-up to match positions of the static fiducials on the acrylic tube at the maximum inhale and maximum exhale phases of the breathing cycle. Using the 4D CT QA insert, users can optimize safety margins during treatment planning of moving tumors by identifying misalignments in 4D CT binning as small as 0.5 mm. The maximum displacement is 30 mm in IS direction and 20 mm in both AP and LR directions. The moving cylinder can also be used to investigate artifacts, volumes, and shapes during different breathing motions, including patient-specific motion profiles because of its regular size and cylindrical shape.

(Cutaway to show internal structure of rods)
The OSL Dosimetry 3 cm Target Insert (Model 008A-24) accommodates 24 nanoDot™ OSL dosimeters for measurements inside a soft-tissue target and in the penumbra.

The insert is split in two parts of different thicknesses to allow the positioning of nanoDot™ ISO centers in a mid-plane that goes through the center of the 3 cm target and the mid-plane of the rod.

The nanoDot™ pockets are machined 4.1 mm apart along two perpendicular axes to allow measurements in both sagittal and coronal planes.

The insert has one interior flat face engraved with lines that correspond with the size of the 2D bar codes, which are applied by nanoDot™ OSL dosimeters’ manufacturer. For proper alignment between nanoDot™ ISO centers and target center, nanoDot dosimeters should be inserted into the pockets aligning the 2D bar codes with these engraved marks.

*NanoDot® is a trademark of Landauer (Glenwood, IL)
Advanced Electromechanical Components

**ACTUATOR**

Housed within anodized aluminum enclosures, the actuator contains bipolar stepper motors that enable linear motion accuracy of 0.05 mm and rotational motion accuracy of 0.2°. Linear motion of the target in the (IS) direction can be isolated from rotational motion in the axial plane in both frequency and amplitude. Surrogate motion is independently controlled. Motions can be synchronized to one another with accuracy better than 20 msec. Motion cycle time accuracy is better than 5 msec. Optical sensors ensure precise mechanical positioning. The actuator is designed for continuous operation. If not manually stopped and reset by the user, it will perform 1000000 (in continuous mode) cycles then stop automatically.

**CONTROLLER**

Motions are generated through a three-axis motion controller. A USB port enables interfacing with most computers. The controller sends instructions as well as supplies and conditions power to the actuator thru a 25 pin serial cable.

The motion controller can be fully operated through CIRS Motion Control Software (see page 3) from a distance of up to 70 feet with the Ethernet/USB cable provided.

**ADJUSTABLE LEGS**

Adjustable legs can be useful in leveling the phantom on curved imaging couches.

**Additional Options**

The optional chest plate can be useful for collecting chest motion and breathing data using optical tracking systems.
Model 008A Specifications

| Overall Dimensions: | 67 cm x 32 cm x 28 cm (26" x 15" x 11") |
| Overall Weight: | 17.2 kg (37.9 lb) |
| Power: | 110-250 VAC, 50/60 Hz |
| Amplitude, IS: | ± 25 mm |
| Amplitude, AP/LR: | ± 5 mm |
| Amplitude, Surrogate: | ± 25 mm |
| Max. Surrogate Platform Load: | 5.4 kg (12 lb) |
| Motion Accuracy: | ± 0.1 mm |
| Cycle Time: | 1 - ∞ (adjusted based on amplitude) |
| Waveforms: | sin (t), 1-2cos4(t), 1-2cos6(t), sawtooth, sharkfin |
| CIRS Motion Control Software System Requirements | Windows XP® or later (32 or 64 bit) Pentium 3® or equivalent 512 MB RAM 2 MB of available disk space |

INCLUDED WITH MODEL 008A

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Qty</th>
<th>Component Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>008A</td>
<td>1</td>
<td>Dynamic Thorax Phantom Body with 3D spine (Dosimeter &amp; QA rods not included )</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Dynamic Motion Controller with firmware installed (110 - 220V, 50 - 60Hz)</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Actuator base plate assembly</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>3rd axis gating device (mounted to actuator base plate assembly)</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>CIRS Motion Control Software USB</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Cable kit: USB 3.0 Gigabit Ethernet Adapter, Network cable CAT5e, 75’, DB 25 male to male cable, DB 9 male to male cable, Power cord</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Accessories Kit: 4 in 1 screwdriver, push rod, fasteners pack, 2 spare fuses</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Adjustable legs kit: level, 4 adjustable legs with feet, post with screw</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>User’s guide (PDF user guide and catalog included on provided USB)</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Carry Case</td>
</tr>
</tbody>
</table>

OPTIONAL ACCESSORIES

Note: Customers must complete their order with the purchase of at least one (1) interchangeable insert option. *Refer to separate CIRS cavity and plug code list for available chamber cavities.

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>008A-05</td>
<td>MOSFET configured lung equivalent rod with set of 3 target inserts</td>
</tr>
<tr>
<td>008A-06-CV*</td>
<td>MICRO CHAMBER configured lung equivalent rod with set of 3 target inserts</td>
</tr>
<tr>
<td>008A-08</td>
<td>Radiochromic film configured lung equivalent rod</td>
</tr>
<tr>
<td>008A-11</td>
<td>GEL DOSIMETRY configured lung equivalent rod with CIRS Model B-9, Dose Gel Container</td>
</tr>
<tr>
<td>008A-12</td>
<td>4D CT QA Device</td>
</tr>
<tr>
<td>008A-14</td>
<td>Lung equivalent Imaging Rod with set of 3 target inserts</td>
</tr>
<tr>
<td>008A-15</td>
<td>PET/CT configured lung equivalent rod with set of 3 target inserts</td>
</tr>
<tr>
<td>008A-17</td>
<td>Adjustable legs kit</td>
</tr>
<tr>
<td>008A-19</td>
<td>Ball Cube configured lung equivalent rod for film dosimetry</td>
</tr>
<tr>
<td>008A-22</td>
<td>SBRT Rod with set of 3 target inserts</td>
</tr>
<tr>
<td>008A-24</td>
<td>OSL Dosimetry Rod with 3 cm Target insert</td>
</tr>
<tr>
<td>008A-153</td>
<td>Replacement Push Rod</td>
</tr>
<tr>
<td>008A-125</td>
<td>Chest plate with reflective 11.5 mm tracker balls</td>
</tr>
<tr>
<td>008-18</td>
<td>Model 008 upgrade to 008A</td>
</tr>
<tr>
<td>008A-253</td>
<td>Cable CAT5E 150 Feet for Dynamic Phantom (008A, 008M,)</td>
</tr>
<tr>
<td>158200-26</td>
<td>Precision Cut EBT3 Film Kit for Model 008A-08 (Set of 12 inserts plus 6 calibration strips)</td>
</tr>
<tr>
<td>158200-27</td>
<td>Precision Cut EBT3 Film Kit for Model 008A-22 (Set of 12 inserts plus 6 calibration strips)</td>
</tr>
</tbody>
</table>

Upgrade Program

The original Model 008 Dynamic Thorax Phantom can be upgraded to the Model 008A. The Model 008 featured surrogate motion that was coupled to the tumor motion. The upgrade will provide users with independently programmable surrogate motion and Motion Control Software that allows unlimited variety of motion profiles including easy download of patient specific motions.

The upgrade will provide users with:

- Exchange of 008 2 axis Controller with 008A 3 axis Dynamic Motion Controller
- CIRS Motion Control Software
- Surrogate motion platform
- Mounting and connecting surrogate motion platform on motion actuator
- Minor hardware upgrade
- Cleaning and testing of all components

Users must return the entire system to CIRS. Contact CIRS to receive pricing and an RMA number.
**LIMITED WARRANTY**

All standard CIRS products and accessories are warranted by CIRS against defects in material and workmanship for a period as specified below. During the warranty period, the manufacturer will repair or, at its option, replace, at no charge, a product containing such defect provided it is returned, transportation prepaid, to the manufacturer. Products repaired in warranty will be returned transportation prepaid.

There are no warranties, expressed or implied, including without limitation any implied warranty of merchantability or fitness, which extend beyond the description on the face hereof. This expressed warranty excludes coverage of, and does not provide relief for, incidental or consequential damages of any kind or nature, including but not limited to loss of use, loss of sales or inconvenience. The exclusive remedy of the purchaser is limited to repair, recalibration, or replacement of the product at manufacturer’s option.

This warranty does not apply if the product, as determined by the manufacturer, is defective because of normal wear, accident, misuse, or modification.

**Non-Warranty Service**

If repairs or replacement not covered by this warranty are required, a repair estimate will be submitted for approval before proceeding with said repair or replacement.

<table>
<thead>
<tr>
<th>Product</th>
<th>Warranty Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Standard or customized products</td>
<td>3 months</td>
</tr>
<tr>
<td>Training Phantoms and Disposable Products</td>
<td>6 months</td>
</tr>
<tr>
<td>Electrical Products and Dynamic Phantoms</td>
<td>12 months</td>
</tr>
<tr>
<td>All other standard products</td>
<td>48 months</td>
</tr>
<tr>
<td>Plastic Water</td>
<td>60 months</td>
</tr>
</tbody>
</table>

**REFERENCES:**


Tanyi, James, A., et al., Dosimetric Evaluation of Target Dose in Stereotactic Body Radiation Therapy (SBRT) of Lung Lesions Using a Dynamic Motion Anthropomorphic Phantom. 2004 AAPM PO-T-143 Poster.


