

Gray Scale  
Ultrasound Phantom  
Model 047



**DISCONTINUED**

ZERDINE® Inside  
A registered trademark of CIRS



USER GUIDE

**CIRS**

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## OVERVIEW

The CIRS Gray Scale Ultrasound Phantom is a single, simple tool to assess resolution of masses varying in size, depth and contrast. The phantom's unique design allows for rapid visualization of gray scale resolution power at continuous depths from 1 to 12 cm.

Due to the controlled scatter characteristics of the targets, the Model 047 may be used to evaluate gray scale sensitivity on all diagnostic ultrasound machines with a wide range of transducer frequencies. This phantom is an ideal training tool for learning optimum system setup and evaluating system performance.

Masses may be viewed with either a circular or elliptical cross-section. The mass diameters were selected so the volume imaged would double as the diameter increased. The gray-scale levels were selected to achieve a doubling in signal intensity as you move from mass to mass.

CIRS is certified to ISO 13485:2016 standards. We have an in-house test facility to measure acoustic properties of speed, attenuation and relative contrast. In addition, two ultrasound systems are used to visually inspect each phantom. As a result, every ultrasound phantom is subjected to rigorous testing both during manufacture and upon completion. A Certificate of Compliance and Quality is issued with each phantom.

For further guidance on establishing a quality assurance program, you may want to reference the accreditation programs established by the ACR and AIUM. You can access this information at [www.acr.org](http://www.acr.org) or [www.aium.org](http://www.aium.org). If additional information is required, please call CIRS technical service at 1-800-617-1177.

### Compare Gray Scale Sensitivity for Different:

- Imaging Depths
- Target Sizes
- System Settings
- Transducers

# INSTRUCTIONS FOR USE

## HANDLING AND CARE

With proper care, the Model O47 will withstand years of normal use. Below are some guidelines to follow.

The scanning surface is the most important item on the phantom to protect. It can withstand normal scanning pressure but DO NOT press on the scanning surface with your fingernails or any other sharp objects. If the scanning surface becomes damaged, seal the phantom in an airtight container and IMMEDIATELY contact CIRS for return authorization. Call 800-617-1177, email at rma@cirsinc.com or fax RMA Request form to 757-857-0523.

The phantom may be cleaned with mild soap and water ONLY. Avoid solvent-based, alcohol-based, or abrasive cleaning agents.

For longest life, the phantom should be cleaned after each use and stored at room temperature in the provided carry case. The primary concern is gel desiccation due to loss of water vapor through the membrane. In addition, the thermal stresses associated with the freeze/thaw cycle may cause the gel to crack or damage the housing integrity, while extreme heat may accelerate water vapor transmission through the membrane. To minimize desiccation, always store the phantom in the air-tight carry case with the removable storage cover attached.

Inspect your phantom regularly for signs of damage and weight loss. If any noticeable changes to the phantom are detected, return the phantom IMMEDIATELY for repair or replacement.



At least once a year, weigh your phantom and compare to original weight noted on certificate of compliance. If the phantom has lost or gained more than 1% of its original weight and you notice a difference in vertical distance measurements, or if the scan surface appears depressed, call CIRS at (800) 617-1177.



This product contains Zerdine, a non-flowing water-based, poly-acrylamide material which is fully sealed within the phantom housing. Zerdine contains trace amounts of the residual monomer acrylamide CAS#79-06-1. There are no known hazards when the phantom is used and stored as intended. Zerdine is fully cured and will not leak from the housing. Damage to the integrity of the housing may expose the user to trace amounts of acrylamide monomer. The amount is not sufficient to pose an acute health risk, but it is still advised to wear protective gloves if handling exposed Zerdine gel due to the potential long-term hazards of the monomer. It is also advisable to wash hands and all surfaces with soap and water after handling exposed Zerdine gel.

## HANDLING AND CARE (CONTINUED)



Regulations regarding disposal of materials with trace acrylamide monomer vary by locality. Contact your local authority for instructions. If assistance is desired in the proper disposal of this product, including accessories and components, after its useful life, please return to CIRS.

## GENERAL GUIDELINES FOR PERFORMING MEASUREMENTS

It is recommended that all measurements be performed at the most frequently used imaging arrangements. The importance of these tests is to make sure that system performance remains constant over an extended period of time. Measurements may also be used to compare the performance of various setups of the same machine or to compare different machines in a quantitative manner.

The following are general steps for imaging all targets:

- Some wires will appear as short lines rather than dots. When using the electronic calipers, always take measurements from a point on one echo to the same point on the next (i.e., center to center). Otherwise, errors may be introduced.
- If a convex probe is used, center the target within the scan plane in order to minimize degradation and distortion introduced on the outer edges of the probe.
- When assessing vertical distance measurements, **DO NOT press on the scanning surface. Pressure on the scanning surface causes the wires to become temporarily displaced, making vertical distance measurements inaccurate.**
- When assessing horizontal distance accuracy, ensure that the scan plane is perpendicular to the horizontal target group. Rotation of the probe will result in inaccurate distances.
- Always be sure the phantom is scanned while at room temperature. A phantom just received may be colder or hotter than room temperature depending on where it was stored during shipping. Temperature affects the speed of sound and, ultimately, the perceived measurements. The phantom should be stored at room temperature for at least 24 hours before use to ensure its core temperature is correct.
- The most accurate measurements will be made with the phantom  $22^{\circ}\text{C} \pm 1^{\circ}\text{C}$  ( $70^{\circ}\text{F}$ – $73^{\circ}\text{F}$ ).

## **ESTABLISHING A BASELINE**

Before performing routine quality assurance measurements, establish:

### **1. System settings for each measurement:**

System setup can have a dramatic impact on the results obtained from quality assurance measurements. You must establish and record what system settings should be used for each of the quality assurance tests. These same settings should be used each time the test is performed. If not, then the conclusions drawn may not be valid. CIRS recommends that you use the most commonly used settings for the type of probe tested- i.e. the liver preset values for an abdominal probe- which are called a "normal" technique in the sections that follow.

### **2. Baseline measurements:**

The first set of measurements taken will be the baseline measurements for the combination of system settings and phantom. Record the system settings and phantom serial number used to acquire each measurement along with your measurement results. On subsequent scans, refer to the baseline results to determine if the ultrasound system has drifted to an unacceptable level. It is each facility's responsibility to establish the magnitude of drift allowed before corrective action is warranted.

### **3. Allowable deviation from baseline measurements:**

The difference between the original baseline measurements and subsequent measurement should be calculated and recorded. At some point the difference will be large enough that some action is required (call service, replace system, etc.). Each facility needs to determine the action level for each test. You should refer to the user's manual of your ultrasound scanner and note the stated accuracies of the system's general imaging measurements. These stated accuracies may greatly influence the conclusion made when evaluating the ultrasound system. For example, if the measurement accuracy for your system is 10% for distances up to 2 cm, the scanner may detect 2.0 cm as being any where from 1.8 cm to 2.2 cm and still be functioning properly. The user is responsible for establishing action levels.

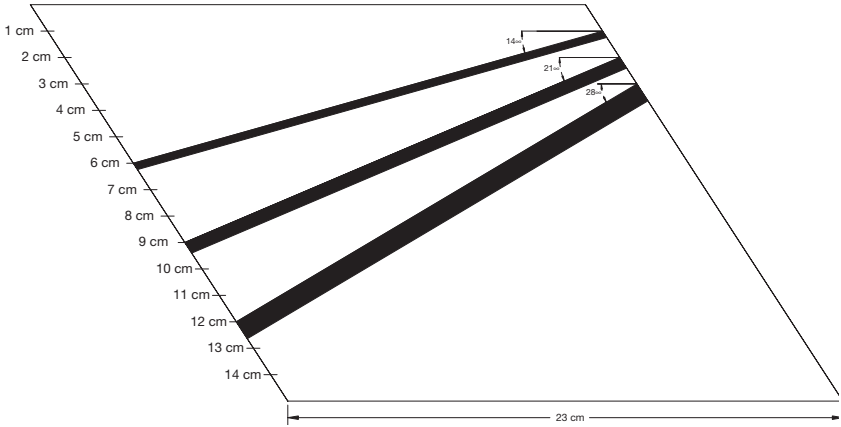
### **4. Frequency of system assessment:**

How often each system is evaluated is also up to each facility to determine. CIRS recommends at least annually.

Reference the accreditation programs established by the ACR and AIUM at [www.acr.org](http://www.acr.org) or [www.aium.org](http://www.aium.org) for further guidance on establishing a QA program.

## TESTING PROCEDURE

The Model 047 is designed for evaluation of system resolution and contrast detail analysis over a wide range of probe frequencies. For each probe combination scan laterally to detect maximum depth of visualization. Freeze image, measure depth from scan surface to top of target of last visualization. Refer to the images below for guidance on that target position and contrast.



Test objects have same speed and attenuation as background

## SAMPLE IMAGES



Masses are angled for continuous assessment over a range of depth

# **SPECIFICATIONS**

## **PHANTOM HOUSING**

Dimensions 35 x 13 x 17 cm  
Weight 23 lbs.

## **SCANNING WELL**

Depth 1 cm  
Scanning Membrane Material Saran-based laminate

## **BACKGROUND MATERIAL**

Material Zerdine  
Freezing Point 0°C,  
Melting Point Above 100°C  
Speed of Sound 1540 m/s  
Attenuation 0.5 dB/cm/MHz

## **TARGETS**

Speed of Sound 1540 m/s  
Attenuation 0.5 dB/cm/MHz  
Contrast Anechoic, -9, -6, -3, +3, +6, +9 dB  
(with respect to background)  
Diameters 2.4, 4, and 6.4 mm  
Depth Range 3 mm: 1 - 6 cm  
4 mm: 2 - 9 cm  
6 mm: 3 - 12 cm

## **ACCESSORIES**

Carry case, Certificate of Compliance, User Guide, & 48-month warranty

## **NOTES**

All dimensions without tolerances are nominal  
All measurements made at 22°C ± 1°C



## ZERDINE®

The Model 047 is constructed from a patented, solid elastic material developed at CIRS called Zerdine®. Phantoms constructed from Zerdine will not melt or leak when punctured and they do not require refrigeration. Zerdine is also more elastic than other materials and allows more pressure to be applied to the scanning surface without subsequent damage to the material. At normal room temperatures, Zerdine will accurately simulate the ultrasound characteristics found in human liver tissue. Specific proprietary fabrication procedures enable close control over the homogeneity of Zerdine and the reliability of its acoustic characteristics from batch to batch.

The formulation system established at CIRS is geared to independently control:

- The speed of sound in the optimal range of 1510 to 1700 m/s.
- Attenuation in the optimal range of 0.05 and 1.5 dB/cm-MHz.
- Scatter or relative contrast in the optimal range of -15 to +15 dB in relation to a scatter baseline equivalent to human liver tissue.
- Elasticity with a Young Modulus in the optimal range of 4 to 90 kPa.

At normal room temperature, Zerdine response to ultrasonic excitations will simulate the ultrasonic response of human tissue. The relation between the acoustic attenuation,  $A$ , and the acoustic frequency,  $F$ , is of the form  $A = A_0 F^n$  with values of the power coefficient,  $n$ , in the range of 0.8 to 1.10, indicating the proportional increase of the acoustic attenuation with frequency. Backscatter characteristics can be adjusted through the addition of predetermined amounts of calibrated scatter material, and are fully compatible with harmonic imaging. Zerdine can be molded into very intricate shapes, and the material can be cured in layers allowing the production of “multi-tissue” phantoms. Zerdine, like most other phantom materials, will desiccate if unprotected; thus, all phantoms must be stored properly. If stored in the case provided, your phantom should last many years.

# WARRANTY

All standard CIRS products and accessories are warranted by CIRS against defects in material and workmanship for a period as specified below. During the warranty period, the manufacturer will repair or, at its option, replace, at no charge, a product containing such defect provided it is returned, transportation prepaid, to the manufacturer. Products repaired in warranty will be returned transportation prepaid.

There are no warranties, expressed or implied, including without limitation any implied warranty of merchantability or fitness, which extend beyond the description on the face hereof. This expressed warranty excludes coverage of, and does not provide relief for, incidental or consequential damages of any kind or nature, including but not limited to loss of use, loss of sales or inconvenience. The exclusive remedy of the purchaser is limited to repair, recalibration, or replacement of the product at manufacturer's option.

This warranty does not apply if the product, as determined by the manufacturer, is defective because of normal wear, accident, misuse, or modification.

### Non-Warranty Service

If repairs or replacement not covered by this warranty are required, a repair estimate will be submitted for approval before proceeding with said repair or replacement.

### Returns

If you are not satisfied with your purchase for any reason, please contact your local distributor prior to returning the product. Visit <https://www.cirsinc.com/distributors/> to find your local distributor. If you purchased your product direct through CIRS, call Customer Service at 800-617-1177, email [rma@cirsinc.com](mailto:rma@cirsinc.com), or fax an RMA request form to 757-857-0523. CIRS staff will attempt to remedy the issue via phone or email as soon as possible. If unable to correct the problem, a return material authorization (RMA) number will be issued. Non-standard or "customized" products may not be returned for refund or exchange unless such product is deemed by CIRS not to comply with documented order specifications. You must return the product to CIRS within 30 calendar days of the issuance of the RMA. All returns should be packed in the original cases and or packaging and must include any accessories, manuals and documentation that shipped with the product. The RMA number must be clearly indicated on the outside of each returned package. CIRS recommends that you use a carrier that offers shipment tracking for all returns and insure the full value of your package so that you are completely protected if the shipment is lost or damaged in transit. If you choose not to use a carrier that offers tracking or insure the product, you will be responsible for any loss or damage to the product during shipping. CIRS will not be responsible for lost or damaged return shipments. Return freight and insurance is to be pre-paid.

### With RMA number, items may be returned to:

CIRS  
Receiving  
900 Asbury Ave,  
Norfolk, Virginia, 23513 USA

| Product                                   | Warranty Period |
|---|-----------------|
| Model 047 - Gray Scale Ultrasound Phantom | 48 Months       |



# **CIRS**

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